



# AGE DEVELOPMENT OBJECTIVES

Age	Overall	Technical	Tactical	Physical	Psychological
Mini Kickers	Social building through fun activities	Running with/without ball	Shooting Ball	N/A	Social Skill Building
U5/6	Introduction & development of dribbling skills	Running with/without ball	Spatial Awareness	N/A	Develop Social Skills
U7/8	Dribbling Masters	Dribbling & Goal Scoring	1v1 Decisions	Balance & Movement	Responsibility
U9/10	Dribbling Masters	Dribbling with all sides of each foot and Goal Scoring	1v1 Decisions	Balance & Movement	Increased Responsibility
U11/12	Passing Wizards	Long & short passing. Passing to feet and space.	2v1 & 1v2 Decisions	Agility, flexibility & speed	Increased Demands on Responsibility
U13/14	Commitment & Decisions		Small group tactics (4-6 players)	Fitness with ball & core strength	Set Training Targets & Discipline
U15-U18	Dedication & How to Win	Mastery & Texture	Small groups tactics increase to 6-8 players	Fitness and Discipline	Leadership roles, goal setting